# **Spartanburg Regional Heart Failure Program**

Presents

# 16th Annual Heart Failure Symposium **Management of the Patient with Heart Failure**



Thursday, September 19, 2019 7:30 am - 4:00 pm Registration: 7:30 am Program: 7:55 am

> The Piedmont Club 361 E. Main St. Spartanburg, SC 29302

Jointly provided by:



**University of South Carolina** College of Pharmacy

Spartanburg Regional Healthcare System

**Corporate Education** 



Services District Corporate Éducation P. O. Box 4848 Spartanburg, SC 29305-4848

# 6th Annual Heart Failure Symposium

October 19, 2019

**PROGRAM DESCRIPTION** 

This one-day program will focus on the management of Heart Failure (HF). The topics to be discussed are: Care Transition Initiatives, Medication Titration, Continuum Curriculum for HF Cardiology, Diabetes Medications and HF Outcomes and HF Navigation/Outcomes. The goal of this program is for nurses and other healthcare providers to be able to promote quality care related to HF management.

### **LEARNING OUTCOMES/OBJECTIVES**

Upon completion of this program, the participant will be able to:

- > Explain the effectiveness of care transitions initiative in assisting quality of care delivery
- Recognize the importance of enhancing guideline-directed medical therapy for patients with heart failure with reduced ejection fraction (HFrEF)
- Discuss treatment options for specific heart failure classes and stages
- Evaluate the literature regarding heart failure outcomes and medications for type 2 diabetes mellitus
- Describe the role of the heart failure clinic and nurse navigator in reducing hospital readmissions

AGENDA (subject to change)

| 7:30am | Registration, Coffee           |                         |
|--------|--------------------------------|-------------------------|
| 7:55   | Welcome, Introduction          | Deb McLennan, BSN, RN   |
| 8:00   | Care Transitions: Managing     | Nick Ulmer, MD, CPC     |
|        | Hospital to Home to Office     | Holly Becker, MA, CWC   |
| 9:15   | Rocking the Boat to Make       | Blake Miller, PharmD,   |
|        | Heart Failure become Heart     | BCPS                    |
|        | Success: Reaching the "Target" |                         |
|        | Through "Titration"            |                         |
| 10:30  | Break, Exhibits, Networking    |                         |
| 10:45  | Heart Failure: The Continuum   | Patrick McCann, MD      |
|        | Curriculum                     |                         |
| 12n    | Lunch (provided), Exhibits,    |                         |
|        | Networking                     |                         |
| 1:00pm | At the Heart of it All:        | Jennifer N. Clements,   |
|        | Antidiabetic Medications &     | PharmD, FCCP, BCPS,     |
|        | Heart Failure Outcomes         | CDE, BCACP              |
| 2:15   | Break, Exhibits, Networking    |                         |
| 2:30   | A Journey to Decreasing Heart  | Jennifer Vigodsky, MSN, |
|        | Failure Readmissions           | RN, CMSRN               |
| 3:45   | Wrap-up, Evaluation            |                         |
| 4:00   | Adjourn                        |                         |
|        |                                |                         |

The speakers and the planning committee have declared no conflict of interest. CE approval does not imply endorsement of any product.

### **TARGET AUDIENCE**

Nurses: Medical/Surgical, Telemetry and Home Health Pharmacists, LTC Administrators, Dietitians, Respiratory Therapists, Rehab Personnel and Other Healthcare Professionals

### **CONTINUING EDUCATION CREDIT**

You must attend 90% of each of the educational session to receive CE credit. INSTRUCTIONS to complete the On-line Program Evaluation and to obtain the CE Certificate will be distributed at the end of the program. No partial credit will be awarded.

### Nurses

This educational activity has been awarded **6.5** contact hours.

SRHS Corporate Education is an approved provider of continuing nursing education by the South Carolina Nurses Association, an accredited approver with distinction, by the American Nurses Credentialing Center's Commission on Accreditation.

### **Pharmacists**

The University of South Carolina College of Pharmacy (USC COP) is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This program has been accredited for <u>6.5</u> live contact hours (<u>0.65 CEU</u>) for pharmacists, ACPE <u>0062-9999-19-160-L01-P</u>. To claim credit, participants are required to sign in, attend the entire program, and complete an on-line evaluation. This is an application-based learning activity.

<u>Long Term Care Administrators</u> The program has been approved for <u>6.0</u> hours of continuing education by the South Carolina Board of Long Term Health care Administrators. Approval # **2019063** 

Others: This program provides 6.5 hours of continuing education.

### **FACULTY/PRESENTERS**

Patrick McCann, MD

Medical Director of Heart Failure & Mechanical Circulatory Support PRISMA Health

Columbia, SC

### Spartanburg Regional Healthcare System

| Spartanburg Regional Healthcare System |                                  |  |  |
|--|----------------------------------|--|--|
| Nick Ulmer, MD, FAAFP, CPC             | Blake Miller, PharmD, BCPS       |  |  |
| Vice President, Clinical               | Clinical Pharmacist Specialist – |  |  |
| Integration                            | Cardiology (HF Clinic)           |  |  |
| Medical Director, Case                 | Assistant Professor of Pharmacy  |  |  |
| Management                             | Practice, Presbyterian College   |  |  |
| Chief Medical Officer, Regional        | School of Pharmacy               |  |  |
| Health Plus                            | Clinton, SC                      |  |  |
| Holly Becker, MA, CWC                  | Jennifer Vigodsky, MSN, RN,      |  |  |
| Director, Patient Engagement           | CMSRN                            |  |  |
| and Care Coordinator                   | Heart Failure Nurse Navigator    |  |  |
| Jennifer Clements, PharmD,             |                                  |  |  |
| FCCP, BCPS, CDE, BCACP                 |                                  |  |  |
| Clinical Pharmacist                    |                                  |  |  |

### **LOCATION & DIRECTIONS**

The Piedmont Club

361 E. Main St.

Spartanburg, SC 29302

From Greenville on I-85, Take I-85N toward exit 69. Keep right to I-85 BUS N. Take exit 5A for I-585S/US 176S/Pine St., toward downtown. Slight right onto I-585S/US 176E/N Pine St., continue to follow US I176E/N Pine St. Turn right onto E. Main St. The Piedmont Club will be on the left, immediately after First Presbyterian church.

From Charlotte on I-85S toward Gastonia, keep right to continue I85 BUS S. Then follow signs for I 85/Spartanburg Freeway Loop. Take exit 5A for - 585 BUS S/US 176E/N. Pine ST. – follow above directions

From I – 26 (east from Asheville or west from Columbia), Take exit 19B to Business 85 going north. Take exit 5A for - 585 BUS S/US 176E/N. Pine ST. – follow above directions

### **REGISTRATION INFORMATION**

Registration fee includes continental breakfast, on-line handout materials, refreshments, lunch, and certificate of attendance.

<u>Deadline for registration</u> is <u>September 12, 2019.</u> No refunds are allowed. Substitutions are accepted and encouraged.

Spartanburg Regional reserves the right to cancel this workshop if necessary. If we cancel, full registration fee will be refunded.

### **REGISTRATION FEES**

- \$85.00
- \$75.00 SRHS associates
- \$100.00 ACPE credit: for SRHS associates, NP, RPh
- \$115.00 ACPE credit: for non-SRHS associates, NP, RPh
- \$60.00 Retired Nurses and FT Undergraduate Students with ID
- \$25.00 Additional fee for registration postmarked/received after September 12, 2019.

On-line registration: www.spartanburgregional.com/CEEvents

On-line registration CLOSES on September 12.

### ADA

If you need any of the auxiliary needs or services identified in the *ADA* to participate in this program, please call (864) 560-6282 **by** <u>September 12, 2019.</u> For extra comfort, please bring a jacket or sweater.

### **PLANNING COMMITTEE (**Spartanburg Regional)

|                       | Jennifer Vigodsky, MSN, RN,<br>CMSRN |
|-----------------------|--------------------------------------|
|                       | Caitlin Mardis, PharmD               |
| Karen Willis, BSN, RN | Nelda M. Hope, BSN, RN               |

Speakers' Presentations (when available) will be posted ONLINE

by Friday, September 13. The website will be sent by e-mail to registrants. You may print or save on your electronic device to take to the program.



**Corporate Education** 

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Heart Failure

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## **On-line Registration for Continuing Education Programs**

To REGISTER, visit: <a href="https://www.spartanburgregional.com/CEEvents">www.spartanburgregional.com/CEEvents</a> and search for:

**September 19, 2019** 

16th Annual Heart Failure Symposium

The registration site CLOSES\_after September 12.

Registration confirmation is sent by e-mail from the website.

### FOR ADDITIONAL INFORMATION

**Registration/Directions:** 

Angie Cothran at (864) 560 6282, e-mail: ascotharn@srhs.com Toya Hancock at (864) 560 7005, e-mail: tlhancock@srhs.com

Program Contents: Nelda M. Hope, e-mail: nhope@srhs.com

You may receive future SRHS CE event information per your contact information provided.

NOTE: We cannot accept registrations without payment or guarantee of payment.

